



Tropical fruit salad

Ingredients:

- tin of pineapple in juice
- 100ml (4oz) fruit juice
- melon
- seedless grapes
- small tin of sliced peaches
- banana
- kiwi

 you can use any fruit you like



Method:

- wash, prepare and chop the fruit
- put into a large bowl
- stir in the fruit juice
- decorate with a sprig of mint
- chill until ready to serve



use lemon juice to stop apples and pears from browning

